

7.2.1 - Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual.

BEST PRACTICE 1: Title: PSYCHOLOGICAL COUNSELLING CELL:

OBJECTIVES: The Psychological Counselling cell was set up to ensure the mental wellness of the students by guiding them with strategies to cope with stresses and strains.

CONTEXT: The sessions was to help students to adjust to the offline mode after reopening of the College campus and to address their concerns regarding appearing for offline examinations.

PRACTICE: The Cell conducts both individual and group sessions. In online mode, the sessions were conducted via Google Meet, and in offline mode, the sessions were conducted once a week. The Cell gave emphasis to creating awareness about various issues of psychological stress encountered by the students and how to resolve them.

EVIDENCE OF SUCCESS: Students have verbally reported improvement in their symptoms after a few sessions. Students are attended 50 group sessions in during the year. Psychological counselling cell has taken the views and suggestions of the students by Google form and organized by Wellness Epicenter, Mohamed Sathak group of institutions.

BEST PRACTICE II:

Title: Extension activities are made mandatory for the students to promote Social Responsibility

CONTEXT: Citizens of India have the responsibility towards the holistic development of the society.

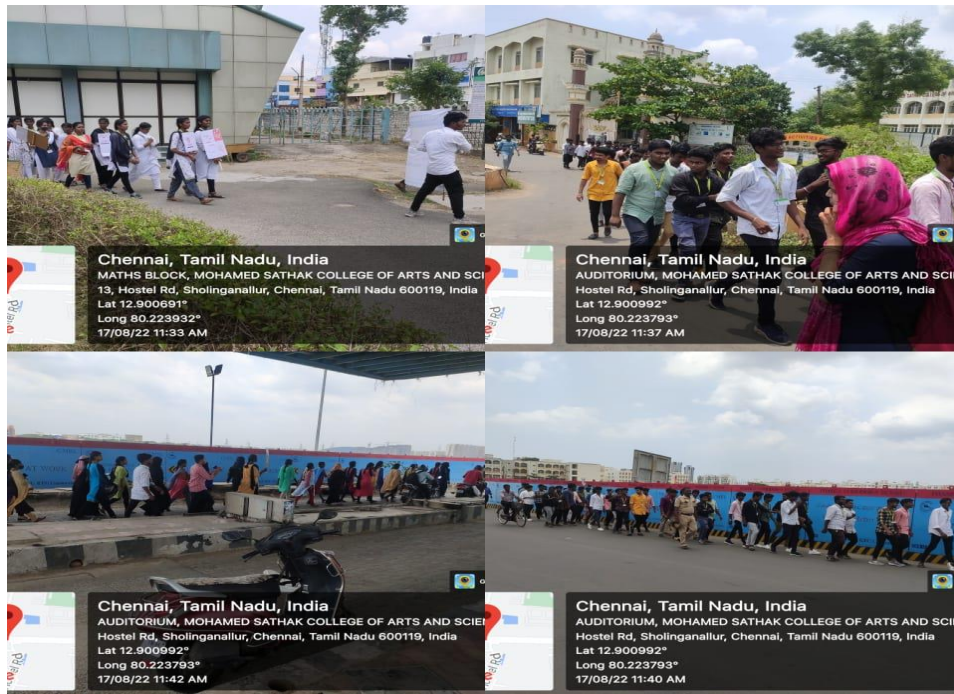
PRACTICE: National service scheme is involved in extension activities. Activities carried by various clubs are as follows:

1. Campus Cleaning and Fieldwork.
2. Organizing Blood Donation Camps.
3. Participation in Marathon, Walkathon and Rallies against Environmental pollution & Drug Addiction etc.
4. Organizing camps like AIDS awareness, Cancer awareness, Dengue fever awareness, Deaddiction programmes etc.

EVIDENCE OF SUCCESS:

1. The students develop the quality of integrity through the extension activity.
2. Students are received blood donation certificates.
3. Student participation in various social-cultural activities has greatly increased.

Cleaning



Blood Donation Camp



Costal Cleaning



Rally against Drug Abuse

